

A Home To Remember



Sarah McMenemy

This is me and my Granny outside her house.
She's lived here for a long time and she loves it.



Granny is happy living in her house but sometimes she can be forgetful.



Mum says Granny has got Dementia.
It's an illness that affects her brain.

Sometimes it makes her feel confused
and a bit lost.

We wanted to help care for Granny.

So we decided to change a few things in her
house to make her feel more comfortable.

First, Dad and our builder
knocked down some walls
to make the living room bigger.

Now Granny can
see where the
bathroom is
and she doesn't
get lost on the
way there.



Then we cleaned the windows.



Now Granny's house is bright during the day
and when it gets dark outside,
she knows it's time to have a rest.

Then I helped Mum paint the walls
with special bright colours
which help Granny feel happy and comfortable.



Then we put railings out to the garden
so Granny can spend more time outside in the fresh air.
The doctor said moving around is very important.



When everything was finished
we showed Granny inside her house.
She was so happy.





We love visiting Granny,
I hope she can live in her house for a very long time.

A dementia-friendly demonstration home, named '**Chris and Sally's House**' was opened in 2018 by BRE, Loughborough University and a number of Dementia Home Partners at the BRE Innovation Park in Watford. It is aimed at helping educate housebuilders, carers, healthcare professionals and relatives on how to better support those living with dementia. The design is geared to help people with dementia remain at home for longer than in a normal home, thus dramatically improving quality of life and reducing the cost of care to the state and relatives. '**Chris and Sally's House**' is open to members of the public year-round during normal working hours.

To book a visit, please call **+44 (0)333 321 8811** or email **enquiries@bregroup.com**.

www.bregroup.com

All building works should be carried out by a competent person, wearing the correct safety gear, and always check with your local Building Control team prior to commencing works.

